

VOLUME 01 | ISSUE 04 | JANUARY 2026
PUBLISHER: MSTM ARTS & SCIENCE
COLLEGE, PERINTHALMANNA

MONTHLY
E - NEWSLETTER

MSTM CHRONICLE

Recording Events, Reflecting Milestones...



MOHAMMED ALI SHIHAB THANGAL MEMORIAL
ARTS & SCIENCE COLLEGE, PERINTHALMANNA
Affiliated to University of Calicut & AICTE
NAAC Accredited (First Cycle) with B++ Grade (CGPA:2.93)



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LITERARY BRILLIANCE HONoured - CZONE
KALOLSAVAM ACHIEVEMENT



Mohammed Rashid EP of MSTM Arts & Science College, Perinthalmanna, achieved a proud milestone by securing First Place in the Short Story Writing (Malayalam) competition at the Calicut University C-Zone Kalolsavam 2026, held from January 21 to 25.

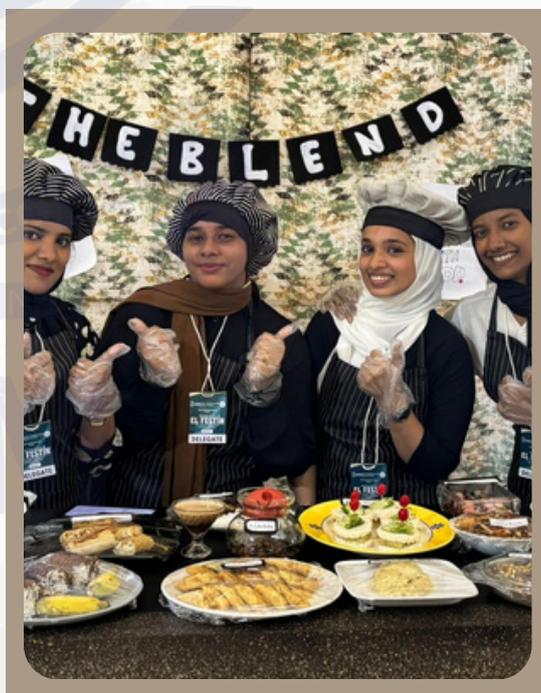
INTER COLLEGIATE FOOD FEST-OVERALL CHAMPIONS

The Department of Food Technology, MSTM Arts and Science College, proudly emerged as Overall Champions in the Intercollegiate Food Fests conducted during the 2025–26 academic year at:

1. MES College, Perinthalmanna,
2. MES Kalladi College, and
3. School of Health Sciences (SHS), University of Calicut.

These events witnessed enthusiastic participation from various colleges, where our students stood out through their exceptional creativity, technical expertise, teamwork, and innovation in food preparation and presentation. Their consistent and remarkable performance across multiple competitions brought great honour to the department and the institution.

This outstanding achievement reflects the dedication, hard work, and passion of our students, along with the constant support and guidance provided by the faculty members of the Department of Food Technology. Heartiest congratulations to our champions.



NEW YEAR DRUG-FREE CAMPUS CAMPAIGN **(JANUARY-MARCH)**

The New Year Drug-Free Campus Campaign was launched by the Anti-Narcotics Cell as a sustained awareness initiative aimed at promoting a healthy, responsible, and drug-free campus environment among students. The campaign is scheduled to be conducted from January to March.

The campaign commenced with an inaugural programme, which began with a welcome address highlighting the significance of New Year resolutions and the importance of making responsible life choices. The address emphasized that substance abuse remains a serious concern among the youth and that educational institutions play a crucial role in prevention through awareness, guidance, and support.

The programme was formally inaugurated by the Principal Dr. Safer A., who addressed the gathering and underscored the importance of discipline, awareness, and collective responsibility in maintaining a drug-free campus. The Principal encouraged students to actively participate in the various activities planned as part of the campaign.

Following the inauguration, the Anti-Narcotics Cell Coordinator administered the Drug-Free Campus Pledge, during which students and faculty members reaffirmed their commitment to remain drug-free and to actively support anti-narcotics initiatives on campus.

The inaugural programme marked the official launch of the Drug-Free Campus Campaign, which will continue through a series of activities such as awareness programmes, poster campaigns, film screenings, interactive sessions, and peer-led initiatives. The launch successfully set a positive tone for the campaign and motivated students to adopt healthy and responsible choices as part of their New Year resolutions.

COMMERCE APTITUDE PROGRAMME: “FUTURE OF COMMERCE - THE BIG PICTURE 2.0”

The PG Department of Commerce, MSTM Arts and Science College, Perinthalmanna, successfully organized a Commerce Aptitude Programme titled “Future of Commerce – The Big Picture 2.0” on 08 January 2026, in association with The Hindu Future India Club.

The programme aimed to provide students with valuable insights into the emerging trends, opportunities, and future prospects in the fields of commerce and management. Students from both Commerce and Management streams actively participated in the session. A total of 175 students attended the programme, making it a highly engaging and vibrant academic event.

The programme was effectively coordinated by Mr. Muhammed Jaseel K. and Mr. Fahad Mon, faculty members of the PG Department of Commerce. The session was informative and interactive, helping students enhance their aptitude, awareness, and understanding of the evolving business environment. Overall, the programme proved highly beneficial and aligned with the academic and career aspirations of the students.



FACULTY DEVELOPMENT PROGRAMME - TOFT



Mr. Mohammed Shajahan K. P., Vice Principal, MSTM Arts and Science College, successfully participated in a One Week Faculty Development Programme (FDP) titled “Training of Faculty Trainers (ToFT)”.

The programme was organised by the Centre of Excellence for Teaching, Learning & Training (CETLT) of the Kerala State Higher Education Council (KSHEC) in association with St. Thomas (Autonomous) College, Thrissur. The FDP was conducted in hybrid mode from 12th to 16th January 2026 at Kaviprathibha Hall, Academic Block, St. Thomas College, Thrissur.

The programme focused on key areas such as Outcome-Based Education (OBE), innovative teaching-learning practices, assessment and evaluation strategies, and academic leadership. It aimed to equip faculty members with advanced pedagogical skills and prepare them to function effectively as trainers, contributing to quality enhancement in higher education institutions.



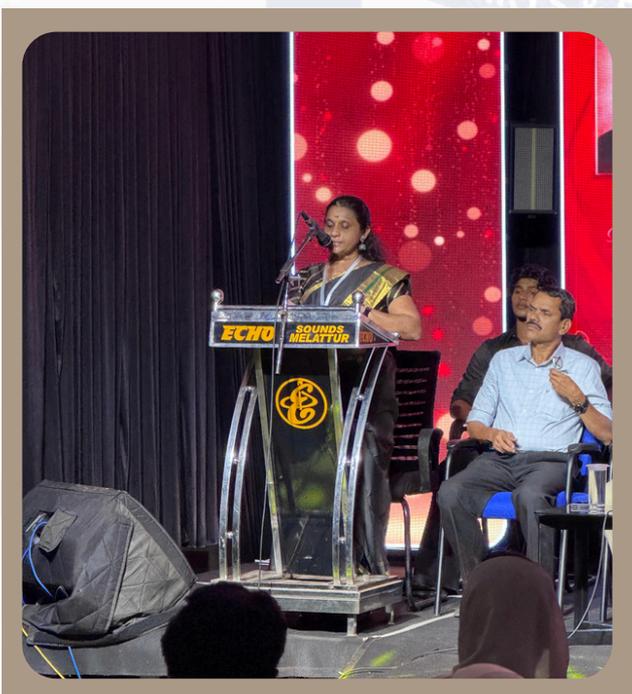
MEDHA-INTER-SCHOOL MANAGEMENT FEST

The Department of BBA, MSTM College, Perinthalmanna, successfully organised an Inter-School Management Fest for Higher Secondary School students with the objective of introducing fundamental management concepts, leadership skills, and teamwork among young learners.

More than 150 students from various Higher Secondary Schools actively participated in the fest, making the event vibrant and competitive. The programme was inaugurated by Advocate K. T. Ummer, Secretary, MSTM Arts and Science College. The inaugural ceremony was conducted in a dignified manner with the presence of faculty members, organisers, and invited guests.

As part of the fest, various games and management-related events were organised for the participants. These activities were designed to enhance problem-solving abilities, communication skills, leadership qualities, and team spirit. The students displayed great enthusiasm, creativity, and competitive spirit throughout the programme.

The Inter-School Management Fest emerged as a grand success due to the active participation of students, effective coordination by the organising committee, and strong support from the college management. The programme provided a valuable platform for school students to showcase their talents and gain exposure to the basics of management education.



KARIKKU FROM THE ROOTS - OUR BUSINESS JOURNEY AND COUPLEPRENEURSHIP

The Innovation and Entrepreneurship Development Centre (IEDC), MSTM Arts and Science College, successfully organised an interactive session titled “Karikku from the Roots – Our Business Journey and Couplepreneurship”. The programme was designed to inspire students by showcasing real-life entrepreneurial experiences and offering insights into building and managing a business as a couple.

The session featured entrepreneurs from the Karikku venture, who shared their inspiring journey from humble beginnings to establishing a successful and recognised brand. They spoke in detail about idea generation, the challenges faced during the initial stages of the venture, teamwork involved in couplepreneurship, effective decision-making, risk management, and strategies for sustaining growth in a competitive business environment.

Students actively engaged in the interaction by raising thoughtful questions related to start-up funding, branding strategies, maintaining work-life balance, and managing professional responsibilities together as partners. The session provided valuable practical exposure beyond classroom learning and motivated aspiring entrepreneurs to explore start-up opportunities with confidence.

The programme concluded with a note encouraging students to make use of institutional support systems such as IEDC for nurturing and developing their entrepreneurial ideas. Overall, the session was informative, engaging, and aligned with the objective of fostering an entrepreneurial mindset among students.



PALLIATIVE CARE DAY CELEBRATION

The SIP Club of MSTM Arts and Science College successfully organized the Palliative Care Day Celebration on January 15, in collaboration with the Chungam Palliative Care Clinic. The programme was conducted with the objective of extending financial support to nearly 500 patients under the care of the Chungam Palliative Care Clinic.

As part of the initiative, SIP volunteers actively collected funds from all classes, ensuring enthusiastic participation from students across the college. The programme was efficiently coordinated by the SIP Club Coordinator, Assistant Professor Safvan N., whose guidance and leadership ensured the smooth and successful conduct of the event.

Through this collective effort, an amount of approximately ₹14,000 was raised. The programme received wholehearted cooperation from students, teaching staff, and non-teaching staff, reflecting the strong sense of social responsibility and compassion within the college community.

The SIP Club Core Committee played a crucial role in the execution of the programme. Their dedication, teamwork, and active involvement were highly commendable and contributed significantly to the success of the event.

The event stood as a meaningful expression of compassion, service, and empathy, reinforcing humanitarian values and social awareness among students.



WORLD PALLIATIVE CARE DAY OBSERVANCE



On the occasion of World Palliative Care Day, the students of the Department of Social Work, MSTM Arts and Science College, Perinthalmanna, actively participated in a commemorative programme held at the Perinthalmanna Palliative Care Clinic. The students organized psychosocial support activities, including interactive sessions with patients and their families, offering emotional support and companionship.



The students also conducted an awareness drive highlighting the importance of community-based palliative care services. Their involvement extended to assisting medical staff, coordinating patient-related activities, and supporting the distribution of comfort kits, ensuring the smooth conduct of the programme.

The programme concluded with a cultural performance by the students, which uplifted the spirits of the attendees and strengthened the bond between the college and the local healthcare community.



ROAD SAFETY SEMINAR PROMOTES RESPONSIBLE DRIVING AWARENESS

In observance of National Road Safety Month, the VISTA Travel and Tourism Club of MSTM Arts & Science College organized an informative Road Safety Seminar on 19th January 2026 in the College Seminar Hall. The programme was conducted in collaboration with the Kerala Motor Vehicles Department, Sub Regional Transport Office (Sub RTO), Perinthalmanna.

The keynote session was delivered by Mr. Sameer V. K., Assistant Motor Vehicles Inspector, who provided valuable insights into traffic rules and regulations, the importance of road safety awareness, and the responsibilities of drivers and pedestrians. He also explained the significant role of the Motor Vehicles Department in enforcing road safety measures and preventing accidents.

The seminar served as an important awareness initiative, encouraging students to develop responsible driving habits and understand the legal and social importance of road safety. The programme was highly informative and contributed to creating greater awareness among students about ensuring safety on the roads.



MSTM

ED CLUB HANDS-ON TRAINING PROGRAMME

The ED Club organized a hands-on training programme on 20 January 2026 at the Commerce Hall of MSTM Arts & Science College, Perinthalmanna. The programme was conducted by Mr. Sreejith V. S., Director, Science Centre, Kodungallur.

During the session, students received practical training in the preparation of common household products such as hand wash, soap, floor cleaner, dish wash, shampoo, and toilet cleaner.

The programme helped participants gain basic practical knowledge and an understanding of simple product-making techniques. Overall, the session was informative and beneficial for the students.



ASWA MSTM ASSOCIATION INAUGURATION

The Department of Social Work, MSTM Arts & Science College, Perinthalmanna, organized the inauguration of ASWA MSTM (Association for Social Work Activities) along with a session on “Role of Social Workers in Pediatric Rehabilitation” on 21 January 2026.

Cultural programmes presented by the students of the Department of Social Work were held at the college auditorium showcasing their creativity and active participation, and setting an enthusiastic tone for the day.

The official function commenced at 2:00 p.m. in the Seminar Hall with a prayer, followed by a welcome address by Mr. Ashlin Joe Antony, Head of Department of Social Work.

The presidential address was delivered by the Principal Dr. Safeer A., MSTM Arts & Science College. The inaugural address and the keynote session were delivered by Mr. Shamjid Erathali, Professional Social Worker and Founder & Director of Eden Child Development Centre, Calicut.

Felicitations were offered by Ms. Shahla Shari M.T., Ms. Darshana M., and Ms. Rishna E., (College Student Counsellor). The programme concluded with a vote of thanks by Ms. Nafeesathul Misriya K., Association Secretary.



BBA ASSOCIATION DAY INAUGURATION



The BBA Association Day was inaugurated on 23 January 2026 by the Principal Dr. Safer A. The programme witnessed the active participation of BBA students and faculty members.

The Chief Guest, Mr. Mohammed Rafi, Chairman of Sahakar Groups, delivered an inspiring address, motivating students to develop entrepreneurial skills. He encouraged them to take initiative, think innovatively, and strive to become successful entrepreneurs in the future.



REPUBLIC DAY OBSERVATION



On 26 January 2026, the NSS Unit (277) of MSTM Arts & Science College, Perinthalmanna, observed Republic Day through a series of well-coordinated programmes conducted on the same day.

The celebrations commenced with a Flag Hoisting Ceremony held in a dignified and patriotic atmosphere to honour the Constitution of India, the spirit of freedom, and national unity. Following this, an awareness walk was organised at Perinthalmanna Junction in association with the Perinthalmanna Block Panchayat, focusing on social and environmental responsibility.

NSS volunteers actively participated in the programme by conveying messages on public awareness, civic responsibility, and sustainable practices to the general public. The combined observance successfully integrated patriotic values with community engagement, reflecting the true spirit of Republic Day by promoting responsible citizenship and social commitment.



SESSION ON ENGLISH PROFICIENCY TESTS AND GLOBAL EDUCATION & CAREER OPPORTUNITIES

The Department of BBA organised an informative session for students on English proficiency tests and global education and career opportunities.

The first session was handled by Ms. Subha Suresh, Senior Trainer, Edroots International, who provided a detailed overview of English proficiency tests such as IELTS, TOEFL, and PTE.

The second session was conducted by Ms. Dhanalakshmi P. P., Assistant Team Lead – Student Relations, Edroots International. She spoke about global education and career opportunities, including higher studies abroad, emerging career paths, international exposure, and skill development.

Overall, the programme was highly informative and beneficial for BBA students. It enhanced their awareness of international education pathways and career prospects, encouraging them to prepare confidently for global challenges.



ALUMNI INTERACTION PROGRAMME – “ROOTS & ROUTES”

The PG Department of Food Science and Technology, MSTM Arts & Science College, Perinthalmanna, successfully organized an Alumni Interaction Programme titled “Roots & Routes” on 27 January 2026 in the Seminar Hall.

The programme was inaugurated by Dr. Safer A., Principal, MSTM Arts & Science College. In his inaugural address, he emphasized the crucial role of alumni in guiding students towards academic excellence and professional growth.

The session featured interactions with distinguished alumni Mr. C. M. Faiz (Batch 2014–17) and Mr. Mansoor N. (Batch 2015–18). Both alumni shared valuable insights drawn from their professional journeys, making the programme highly enriching and inspiring.

Mr. Mansoor N., entrepreneur and founder of Chocolate Theobroma, Kerala, delivered an engaging talk on entrepreneurship and business development. Mr. C. M. Faiz, Hygiene Officer at Safco International General Trading Co. LLC, Dubai, conducted an informative session on CV preparation and interview skills.

The alumni interaction programme effectively bridged the gap between academic learning and industry requirements. The event concluded with a vote of thanks, expressing gratitude to the Principal, alumni, faculty members, and students for their valuable support and participation.



OLYMPIA 2026: A GRAND CELEBRATION OF STRENGTH, SPIRIT AND SPORTSMANSHIP

The Annual Athletics Meet 2025–26, titled “Olympia 2026,” was successfully organized by the Department of Physical Education in association with the College Union 2025–26 on 29th January 2026 at the college ground.

The meet was formally inaugurated by Vice Principal Mohammed Shajahan K. P., whose inspiring address highlighted the importance of physical fitness, teamwork, and discipline in shaping students’ lives. The inaugural ceremony featured a well-coordinated march past, oath-taking ceremony, hoisting of the sports flag, and lighting of the sports torch, creating a vibrant and energetic atmosphere.

More than 140 students actively participated in the sports meet, making it one of the most dynamic editions in recent years. Participants were divided into six houses—Ruby, Sparta, Hera, Apollo, Athena, and Zeus—which competed enthusiastically in various track and field events. The track events included 100m, 200m, 400m, 800m, 1500m, 3000m races, as well as 4×100m and 4×400m relays, while field events featured shot put, discus throw, hammer throw, javelin throw, high jump, long jump, and triple jump.

The event concluded with a grand prize distribution ceremony, recognizing the outstanding achievements and efforts of the participants.



MICROVISTA 2026: A VISIT TO THE WORLD

BEYOND THE LENS

The Department of Microbiology of Mohammed Ali Shihab Thangal Memorial (MSTM) Arts & Science College, Perinthalmanna proudly organized MICROVISTA 2026, titled “A Visit to the World Beyond the Lens”, on Friday, 30 January 2026 in the college underground hall.

The programme was formally inaugurated by Dr. Safer A., Principal of MSTM College, who highlighted the importance of microbiology in understanding the unseen world that significantly impacts human life and the environment.

MICROVISTA aimed to explore fascinating microbiological insights beyond the microscopic lens while showcasing the academic excellence and innovative learning approaches of the department.

Exhibition Highlights

The event featured:

- Microscopic slide displays
- Creative microart culture plates
- Informative models
- Spot games
- Engaging quiz competitions
- Thought-provoking debates
- A vibrant food stall

MICROVISTA 2026 successfully created awareness about the invisible microbial world and demonstrated the department’s commitment to promoting scientific knowledge through creative and experiential learning.



RESUME BUILDING SESSION

The Career Guidance Cell of MSTM College organized a Resume Building Session on 30 January 2026 at the College Auditorium. The programme was conducted in collaboration with Kerala Development and Innovation Strategic Council (K-DISC) and Vijnanakeralam.

The session was led by Ms. Sneha A., Soft Skill Trainer at Vijnanakeralam, who guided students on how to prepare professional and industry-ready resumes. She explained the importance of proper structure, clarity, highlighting key skills, achievements, and aligning resumes with employer expectations.

Around 100 students actively participated in the interactive and practical session, gaining hands-on experience in resume preparation and career readiness. Attendance was recorded through a Google Form provided by Vijnanakeralam, and all participants successfully marked their attendance online.

The programme proved highly informative and beneficial, enhancing students' confidence and knowledge in preparing effective resumes for their future careers.





INDUSTRIAL VISITS AND COLLEGE TOURS

*Knowledge gained through exposure,
memories made through exploration.*



Industrial Visit to Panduranga Coffee Works

The PG Department of Food Science and Technology organized an industrial visit for MSc Food Science and Technology (Semester III) students to Panduranga Coffee Works, Chikkamagaluru. Accompanied by Ms. Nandana R., Assistant Professor, students gained practical exposure to coffee processing, roasting, blending, and packaging at the renowned heritage coffee roastery.



Industrial Visit to Oruma Printers & Publishers



The Department of Commerce organized an Industrial Visit for B.Com Finance students to provide practical exposure to industrial operations. As part of the visit, 33 students visited Oruma Printers and Publishers, Thrissur, under the guidance of Mr. Safvan N., Class Tutor, and Ms. Fousiya P. N., Assistant Professor.

During the visit, students were introduced to the organizational structure and production processes of the firm, including design, printing, binding, and quality control.

The session offered insights into workflow management and cost efficiency in the printing industry.

The students also visited Munnar and nearby tourist destinations, where they learned about tourism-based income, employment opportunities, and regional economic development.



Industrial visit to DRDO, Coimbatore



The Department of Microbiology, MSTM Arts and Science College, organized an industrial visit to the Defence Research and Development Organisation (DRDO) at Bharathiar University, Coimbatore.

A total of 47 students from first-year B.Sc. Microbiology Honours and B.Sc. Food Technology Honours participated in the visit. The programme provided students with valuable exposure to advanced research facilities, defence-related applications of microbiology and food technology, and sophisticated laboratory equipment.

Industrial Visit to CFTRI, Mysuru



The PG Department of Food Science and Technology of MSTM Arts & Science College, Perinthalmanna, organized an industrial visit to the CSIR–Central Food Technological Research Institute (CFTRI), Mysuru. The visit was part of the academic curriculum for 2nd year FYUGP B.Sc Food Technology Honours students.

A total of 33 students, accompanied by faculty members Ms. Sulthana Thayshin T. P. and Ms. Nandana R., participated in the programme.

During the visit, students explored the Pilot Plant facilities and gained practical insights into food processing technologies, product development, quality control, and food safety standards through expert interactions.

Industrial Visit to IIT Delhi

The sixth semester B.Sc. Chemistry students of our college undertook an industrial visit to the Indian Institute of Technology (IIT) Delhi on 20 January 2026 as part of their academic curriculum. The visit offered students valuable exposure to advanced research facilities, industrial-scale laboratory infrastructure, and a modern research environment.

During the visit, students gained practical insights into sophisticated analytical instruments such as Nuclear Magnetic Resonance (NMR) and X-ray Diffraction (XRD).



Industrial Visit to Milma Wayanad Dairy

The MSc Food Science and Technology students visited Milma Wayanad Dairy on 10 February 2026 as part of their academic curriculum. The visit began at 10:30 a.m., and a total of 20 students accompanied by two faculty members participated in the programme.

During the visit, the students were given an introduction to Milma, including its history, production capacity, and the different dairy products manufactured at the unit. They were taken through various sections of the plant such as milk reception, processing, pasteurization, packaging, storage, and the quality testing laboratories.



Industrial visit to Munnar

The Department of Microbiology organized a two-day Industrial Visit for the III B.Sc. Microbiology students to Wild Sherpas Tenting and Camping, Munnar, on 10 and 11 February 2026, under the guidance of Assistant Professor Dhanya V. M., with 18 students participating.

Students undertook a guided trek through the scenic hills, gaining awareness about local biodiversity and ecosystem. The programme also included a sunrise trek, tent stay, campfire, and stargazing, offering a memorable and refreshing learning experience.



Observation Visit to Attappady

The Department of Social Work organized an observation visit to Attappady on 30th January 2026, with the participation of 16 students.

As part of the visit, the students interacted with two prominent organizations—AADI (Attappady Development Action and Integrated) and ASSO (Attappady Social Service Organisation).

The students also visited ASSO, where they were introduced to the organization's activities and its role in community development. During the visit, they had the opportunity to participate in a tribal fest organized for children from different schools. This experience allowed the students to actively engage with the children, observe the cultural environment, and better understand the social and cultural realities of the tribal community.



Industrial Visit to BITS Pilani and VSSC Thiruvananthapuram

The Department of Physics, organized an industrial and academic exposure tour for Third Year B.Sc. Physics students as part of the academic curriculum. The programme aimed to provide students with practical exposure to advanced scientific research environments and to motivate them towards higher studies and careers in science and technology.

As part of the tour, eleven students visited BITS Pilani, Hyderabad Campus, under the guidance of Dr. Deepa. In addition, five students visited the Vikram Sarabhai Space Centre (VSSC), Thiruvananthapuram, under the supervision of a guardian. This visit provided students with an opportunity to explore India's leading space research centre and to understand the practical applications of physics in areas such as space science, propulsion systems, materials science, and aerospace technology.



Study Tour to Delhi, Agra and Manali



The study tour conducted to Delhi, Agra, Kullu, and Manali offered a perfect blend of academic learning and real-world exposure for 38 B.Com Computer Applications students, accompanied by three faculty members. The tour provided students with an opportunity to step beyond classroom learning and engage directly with India's rich historical, cultural, administrative, and tourism landscapes.

Throughout the journey, students explored Mughal architecture and nationally significant heritage sites, gaining firsthand insight into India's historical legacy. Visits to mountain regions exposed them to local economies, tourism practices, and adventure tourism, helping them understand the practical aspects of tourism management and regional livelihoods.

Moments
Stories
Thoughts
Milestones

The Journey Continues...

