



MSTM CHRONICLE

Recording Events, Reflecting Milestones..



MOHAMMED ALI SHIHAB THANGAL MEMORIAL
ARTS & SCIENCE COLLEGE, PERINTHALMANNA
AFFILIATED TO UNIVERSITY OF CALICUT & AICTE
NAAC ACCREDITED (FIRST CYCLE) WITH B++ GRADE (CGPA:2.93)



THE WORLD AIDS DAY PROGRAMME

The World AIDS Day 2025 programme, held on December 1, successfully fostered a spirit of solidarity and education under the theme of overcoming global disruptions in HIV care. The event featured a series of interactive workshops and public health seminars that emphasized the latest medical breakthroughs, such as long-acting prevention injectables, and the critical importance of the “Undetectable = Untransmittable” (U=U) message. By engaging local healthcare professionals and community leaders, the programme provided a safe platform for dialogue, effectively reaching numerous participants and distributing essential resources to help bridge gaps in public awareness.

Beyond the immediate activities, the programme made significant strides in reducing social stigma and promoting equitable access to testing services. Through a combination of voluntary counseling drives and a vibrant digital campaign, a measurable shift in community attitudes toward HIV-positive individuals was observed, moving from fear toward informed support. Feedback collected indicated that the event not only met its goal of increasing testing literacy but also reinforced a collective commitment to the global target of ending the AIDS epidemic by 2030, while laying out a roadmap for sustained advocacy throughout the coming year.



FOOTBALL CARAVAN AT MSTM

As part of an initiative to promote football culture and sporting awareness among youth, the Football Caravan 2025 was successfully conducted in Malappuram district on 2 December 2025. The event was organized by Sports Madhyamam under an initiative of Madhyamam, with Kalliyath TMT as the title sponsor. The caravan aimed at spreading enthusiasm for football, especially in connection with the global football season, by taking the spirit of the game directly to students and the public. The programme also marked the 60-day countdown to the upcoming football celebrations, creating excitement and anticipation among football lovers.

A symbolic kick-off ceremony and interactive moments with students marked the highlights of the programme. The campus atmosphere was filled with cheers, slogans, and football-themed activities, reflecting the strong football culture of Malappuram. The programme successfully brought together students, teachers, and football enthusiasts, turning the campuses into lively hubs of sporting celebration.



NISM FINANCIAL LITERACY PROGRAMME

The Department of Management Studies organized a two-day NISM Financial Literacy Programme on 1st and 2nd December 2025 for final-year BBA students in the Seminar Hall. The sessions were conducted by Mr. Akhilesh A., NISM Skill Trainer, and focused on developing students' practical understanding of the share market, financial instruments, and investment strategies.



The program included interactive discussions, quizzes, and individual presentations, providing students with hands-on exposure to real-time financial concepts. The enthusiastic participation of students reflected their keen interest in financial literacy. Overall, the program significantly enhanced students' financial awareness while strengthening their analytical, communication, and presentation skills.

NATIONAL COOKIES DAY CELEBRATION

The Department of Food Science and Technology, Mohammed Ali Shihab Thangal Memorial Arts and Science College, Perinthalmanna, celebrated National Cookies Day by organising a Cookies Making Workshop followed by an Intra-departmental Cookies Making Competition on 4 December 2025 at the UG Food Technology Laboratory.

The programme aimed to enhance students' practical baking skills, promote creativity, and encourage hands-on learning through guided demonstrations and competitive participation.



The workshop was coordinated by Mrs. Shafna E., Head of the Department, PGDFST, and was conducted by experienced faculty members of the department. The session introduced students to essential ingredients, dough preparation methods, shaping techniques, and baking procedures. Practical tips on texture control, flavour balancing, and common baking errors were also discussed, making the workshop interactive and informative. Final-year B.Sc. Food Technology students actively participated in the programme.



Following the workshop, an intradepartmental cookies making competition was held, where student teams prepared a variety of cookies within the allotted time. The entries were evaluated by judges based on taste, texture, creativity, presentation, and hygiene practices. The participants displayed innovative ideas, including traditional, fusion, and healthy cookie varieties, creating a lively and enthusiastic atmosphere. The competition concluded with the distribution of prizes.



- First Prize was secured by Murshid, Asif Ali, Amjad, Shamil E. K., Amna Sina, and Fathimath Nafiha.
- Second Prize was jointly won by the teams led by Nandana and Anshid M. V.
- Third Prize was awarded to Muhammed Shamil P. K. and team.

The programme successfully strengthened students' practical knowledge, confidence, and teamwork, making the celebration of National Cookies Day both meaningful and memorable.



ORIENTATION ON COMPLETE RESEARCH PREPAREDNESS

The Postgraduate Department of Food Science and Technology, Mohammed Ali Shihab Thangal Memorial Arts & Science College, Perinthalmanna, organised an orientation programme titled “Complete Research Preparedness: From Topic Selection to Report Writing for Postgraduate Projects” on 4 December 2025 at the Seminar Hall.

The programme aimed to equip postgraduate students with essential research skills for their upcoming project work.

The programme was formally inaugurated by Dr. Safeer A., Principal, who emphasised the significance of systematic research training in students' academic and professional development.

The session was led by the Resource Person, Dr. Priya N. C., who delivered an insightful presentation covering key research aspects such as topic selection, literature review, research methodology, ethical practices, data analysis, scientific writing, and project report preparation. The interactive discussion that followed enabled students to clarify their doubts and gain confidence in their research approach.

Overall, the orientation successfully provided postgraduate students with clarity, confidence, and a strong foundation for conducting quality research.



PRE-SEMINAR WORKSHOP FOR ALISS 2025-26

The Department of English, Mohammed Ali Shihab Thangal Memorial (MSTM) Arts & Science College, Perinthalmanna, organized a Pre-Seminar Workshop in connection with ALISS 2025–26 (Alshifa International Student Seminar) on 04 December 2025 at the Seminar Hall.

The workshop was conducted as part of the academic preparations for the upcoming international student seminar and aimed to equip students with essential skills in seminar paper presentation, research orientation, and academic communication.



The session was led by Ms. P. Riya and Ms. Sulfath P. K., Assistant Professors, Department of English, Alshifa College of Arts and Science, who served as the resource persons. Through interactive discussions and practical guidance, the speakers provided valuable insights into topic selection, abstract writing, paper structuring, referencing techniques, and effective presentation strategies. The programme successfully fulfilled its objective of academically preparing students for ALISS 2025–26.

SIGNING OF MOU AND INTERACTIVE SESSION WITH SUNSTONE

The Department of Business Administration, MSTM Arts & Science College, Perinthalmanna, organised a Signing of Memorandum of Understanding (MoU) followed by an Interactive Session with Sunstone, Coimbatore on 05 December 2025 at the Seminar Hall.

The session was led by Dr. V. R. Nedunchezhian, Principal Professor, Sunstone – Rathinam College of Arts and Science, who delivered an insightful talk on “Emerging Career Paths for BBA Graduates in 2025 and Beyond.” The talk provided students with valuable insights into future career opportunities, industry expectations, and the essential skills required to succeed in the rapidly evolving business environment.

The MoU aims to strengthen industry-academia collaboration by offering enhanced opportunities for student training, internships, skill development programmes, and placement support. The interactive nature of the session encouraged active student participation, enabling meaningful discussions and direct interaction with the industry expert.

The programme concluded successfully with enthusiastic participation from students and faculty, reinforcing the department's commitment to career-oriented academic initiatives and professional development.





INDUSTRIAL VISIT TO SAHYA TEA ESTATE

The PG Department of Commerce, Mohammedali Shihab Thangal Memorial Arts and Science College, Perinthalmanna, organized an industry visit on 6th and 7th December 2025 to Sahya Tea Estate, Idukki, with the objective of providing students with practical exposure to the functioning of a tea industry.

The visit enabled students to gain firsthand knowledge of various aspects of tea production, processing, and marketing.

As part of the programme, students also visited Ramakkalmedu and Kodaikanal, which enriched their experiential learning and enhanced their understanding of tourism-related activities.



The programme was successfully conducted under the guidance of the escorting staff members Ms. Suji P. P., Ms. Fousiya, and Mr. Rohith. Overall, the visit proved to be informative and beneficial, offering valuable learning experiences beyond the classroom.



‘KALATHARA’ ARTS FEST 2025 - A CELEBRATION OF CREATIVITY AND CULTURE

The annual arts festival of MSTM Arts and Science College, titled “Kalathara 2025”, was celebrated with great enthusiasm and artistic splendour on 8 December 2025. The festival emerged as a vibrant cultural platform, bringing together students from various departments to exhibit their creative talents through a wide array of cultural, literary, and fine arts competitions.

The festivities began with a formal inaugural ceremony held at the college auditorium. The event was officially inaugurated by the renowned playback singer Sudeep Palanadu, whose presence added grace and inspiration to the occasion. He captivated the audience by rendering a few of his popular melodies, setting an energetic and uplifting tone for the day. The ceremony was graced by the Principal, College Union Chairman, faculty members, and students.

Competition Highlights

Kalathara 2025 featured a total of 42 competitions, meticulously categorized into on-stage and off-stage events.

- **On-Stage Events (23 Events):** The main stage and auxiliary venues buzzed with dynamic performances, reflecting cultural richness and artistic excellence.
 - Major highlights included:
 - Dance: Cinematic Dance, Oppana, Margamkali, and Folk Dance
 - Music: Mappila Pattu, Light Music, and Group Song
 - Drama & Theatre: Skits and short plays addressing contemporary social themes
 - Literary Performances: Elocution in English, Malayalam, and Arabic, along with Mono-Act performances



- Off-Stage Events (19 Events): Off-stage competitions, conducted prior to and alongside the main fest day, showcased students' creativity and craftsmanship:
 - Fine Arts: Pencil Drawing, Oil Painting, Poster Making, and Calligraphy
 - Writing Competitions: Story Writing, Versification, and Essay Writing
 - Craft Events: Mehendi Designing and Clay Modelling



The event concluded in the evening with a dignified valedictory session. Despite intense competition, the spirit of unity and celebration prevailed. Winners were honoured with certificates and trophies, distributed by the Principal in the presence of the Fine Arts Committee and College Union.

Kalathara 2025 stood as a testament to the institution's commitment to nurturing creativity, cultural awareness, and student engagement beyond the classroom.



LANGUAGE IS YOU

The Department of English, Mohammed Ali Shihab Thangal Memorial Arts & Science College, Perinthalmanna, organised a live session titled “Language Is You” on 12 December 2025 at 10:00 AM in the Seminar Hall.

The programme was formally inaugurated by Dr. Safeer A., Principal, who highlighted the importance of language proficiency and translation skills in both academic and professional domains. The session commenced with a Welcome Address by Ms. Binsha Thasni T. P., which set a positive tone for the programme.



The programme concluded with a Vote of Thanks by Ms. Anjana K. T., who expressed gratitude to the resource person, the Principal, faculty members, and the students for their active participation and support.

The session proved to be informative and beneficial, helping students develop a deeper understanding of language and translation while successfully achieving its academic objectives.



The live session on English Language Translation was led by Mr. Basheer Hassan, Professional Translator and Trainer. He shared valuable insights into effective language usage, accuracy in translation, and the evolving role of English in global communication. The session was highly interactive and engaging, offering students practical knowledge supported by real-world examples.



IRAADHA COLLEGE UNION INAUGURATION



The College Union Inauguration was held on 15 December 2025 with great enthusiasm. The programme was formally inaugurated by Dr. Safeer A., Principal of the college.

The function began with a welcome speech by Shameel, Chairman of the College Union. This was followed by the Presidential Address delivered by Suji P. P., Union Advisor. Felicitation speeches were offered by Shamna, Staff Secretary, and Shajahan, Vice Principal, appreciating the efforts and spirit of the student body.

The Chief Guest, Salman Kappil, University Union Executive, Malappuram, addressed the gathering and shared his inspiring thoughts, motivating the students to actively participate in academic and co-curricular activities.

The programme concluded with a vote of thanks by Shahad Salama, marking the successful completion of the event.



COLLEGE VISIT TO DCMAT VAGAMON

A college visit was organized to DCMAT, Vagamon on 17 December 2025 with the objective of providing students with practical exposure to an academic and professional campus environment. The group arrived at the campus at 9:00 AM and received a warm welcome from the coordinators and staff.

The programme commenced with an outbound training session, designed to enhance teamwork, leadership, communication skills, and self-confidence through a series of interactive and engaging activities. This was followed by a guided campus tour, where students were introduced to the institution's academic facilities, infrastructure, and overall learning culture.

The visit proved to be informative and enriching, offering students valuable experiential learning beyond the classroom. It left a positive impression and contributed meaningfully to their academic and personal development.



INVESTOR AWARENESS PROGRAMME

The PG Department of Commerce, Mohammed Ali Shihab Thangal Memorial Arts & Science College, Perinthalmanna, in association with SEBI and BSE, organised an Investor Awareness Program titled “Introduction to Securities Market (Advanced)” on Thursday, 18 December 2025, at 2.00 PM in the Seminar Hall.

The programme aimed to create awareness among students about the functioning of the securities market, various investment avenues, risk management strategies, and the regulatory framework of the Indian capital market.

The session was handled by Mr. Akhilesh A., SEBI SMART Resource Person, who delivered an insightful and interactive talk on advanced aspects of the securities market, covering equity and debt instruments, market operations, investor protection measures, and the role of SEBI and stock exchanges.

The programme was coordinated by Mr. Muhammed Jaseel K, Head, Department of Commerce. A total of 46 students actively participated in the session, making the programme a meaningful and informative academic initiative.



CALLIGRAPHY COMPETITION

The Department of Arabic, Mohammed Ali Shihab Thangal Memorial (MSTM) Arts & Science College, Perinthalmanna, organized a Calligraphy Competition on 19 December 2025 at 2.00 p.m. in Room B23 for all students as part of the International Arabic Day celebrations. The programme was handled by Ms. Muhsina MK and Ms. Zakkiya Thasneem, Assistant Professors, Department of Arabic, MSTM Arts and Science College.

The competition aimed to promote artistic expression and appreciation of Arabic calligraphy among students. The event witnessed enthusiastic participation and creative presentations by the students.

The winners of the competition were Misna, B.Com TT Second Year (First Prize), Fathimath Jafla MT, B.Com CA Second Year (Second Prize), and Shasna Fathima OK, B.Com CA First Year (Third Prize).

The programme concluded successfully, contributing meaningfully to the cultural significance of the International Arabic Day celebration.



OUTBOUND TRAINING PROGRAMME

An Outbound Training Programme was organised for final-year BBA students on 20 December 2025 at DCSMAT, Vagamon. The programme aimed to promote activity-based learning and provide students with experiential exposure beyond the classroom.

The training focused on enhancing essential soft skills such as leadership, teamwork, communication, and problem-solving through a series of interactive activities. Students actively participated in group tasks and challenges that encouraged collaboration, critical thinking, and effective decision-making.





BADMINTON TOURNAMENT

The Department of Physical Education, in association with the NSS Unit (277), organized a two-day Badminton Tournament on 20 and 22 December 2025 at the College Indoor Gallery of Mohammed Ali Shihab Thangal Memorial (MSTM) Arts & Science College, Perinthalmanna.

The tournament aimed to promote physical fitness, endurance, and a healthy competitive spirit among students. Participants from various departments enthusiastically took part in the event, making it a vibrant and energetic sporting occasion.

The programme was conducted under the leadership of Mr. Rohith P, Head of the Department of Physical Education, and Mrs. Silpa, NSS Programme Officer, who ensured the smooth conduct of the matches and strict adherence to sports rules.

Competitions were held in both Boys and Girls categories. After a series of intense knockout rounds, the winners were awarded certificates and a special celebratory meal in recognition of their achievement.

The tournament concluded successfully, fostering sportsmanship, teamwork, and enthusiasm for physical activities among students.

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PARTICIPATION IN IEDC SUMMIT 2025



A team of 11 students participated in the IEDC Summit 2025, held at LBS College of Engineering, Kasaragod. The summit was organized under the Innovation and Entrepreneurship Development Centre (IEDC) in association with the Kerala Startup Mission, providing a vibrant platform for students to explore the evolving landscape of innovation and entrepreneurship.

The event featured expert-led sessions, interactive discussions, and knowledge-sharing forums focusing on innovation, startup culture, entrepreneurship development, and skill enhancement. Students actively engaged in the sessions and gained valuable insights into emerging technologies, idea validation, leadership skills, and opportunities within the startup ecosystem.

Participation in the IEDC Summit 2025 proved to be a highly enriching experience, fostering creativity, entrepreneurial thinking, and motivation among students. The exposure encouraged them to generate innovative ideas and strengthen their skills for future academic and professional pursuits.

CHRISTMAS CARD MAKING COMPETITION

The Department of English, Mohammedali Shihab Thangal Memorial Arts and Science College, Perinthalmanna, organized a Christmas Card Making Competition on Monday, 22 December 2025, as part of the college Christmas celebrations.

The competition was conducted with the objective of encouraging creativity, artistic expression, and festive spirit among students. Participants designed handmade Christmas cards using innovative ideas, attractive colours, and creative materials, reflecting the joy and values associated with Christmas.

The event witnessed enthusiastic participation from students, and each entry showcased originality and aesthetic appeal. The cards were evaluated based on creativity, neatness, relevance to the theme, and overall presentation.

The programme successfully created a joyful festive atmosphere on campus while promoting students' artistic talents. The Department of English appreciates the active participation of students and the collective efforts that made the event a memorable one.



FROM TOPIC TO THESIS: RESEARCH DESIGN IN LITERATURE

The Department of English, Mohammed Ali Shihab Thangal Memorial (MSTM) Arts & Science College, Perinthalmanna, organized an academic session titled “From Topic to Thesis: Research Design in Literature” on 23 December 2025 at 9:30 a.m. in Room No. A44 for BA English Sixth Semester students.

The session focused on introducing students to the fundamentals of research design in literary studies, highlighting the process of developing a research topic into a well-structured thesis.



The session was handled by Anjana K. T., Assistant Professor, Department of English, MSTM Arts & Science College. She explained key aspects of literary research such as topic selection, framing research questions, review of literature, research methodology, and systematic thesis organization.

The programme was interactive, with active participation from students. The session helped students gain clarity on research methodology and approach literary research in a structured manner.





CHRISTMAS CAKE SALE

As part of the Christmas celebrations, the ED Club of MSTM Arts & Science College, Perinthalmanna organized a Christmas Cake Sale on 23 December 2025. The programme adopted a pre-order system instead of traditional sales stalls, ensuring smooth coordination and efficient distribution.

Orders were collected in advance from students and staff, and the cakes were delivered individually on the scheduled day. The sale included a variety of items such as plum cake, Christmas cake, cupcakes, and cake pieces, catering to diverse preferences.



The initiative received an encouraging response from the campus community. It provided students with hands-on experience in planning, coordination, and entrepreneurial skills, while also spreading the joy and festive spirit of Christmas across the campus. The programme was successfully conducted and added vibrancy to the college's Christmas celebrations.

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CHRISTMAS CELEBRATION

Mohammed Ali Shihab Thangal Memorial Arts & Science College, Perinthalmanna, celebrated Christmas with great joy and festive spirit on campus on 23 December 2025. The programme brought together students, faculty members, and staff, creating an atmosphere of unity, happiness, and togetherness.

The celebration began with colourful cultural programmes presented by students from different classes. The performances included songs, dances, skits, and carol renditions, all highlighting the message of love, peace, and sharing that Christmas represents. The students actively participated and showcased their talents with enthusiasm.

A special highlight of the celebration was the cake-cutting ceremony. Cakes were cut by students from various classes as well as by the teaching and non-teaching staff, symbolising unity and collective celebration.



MSTM AT THE 57th CALICUT UNIVERSITY INTER-COLLEGIATE ATHLETIC MEET

Mohammed Ali Shihab Thangal Memorial (MSTM) Arts & Science College, Perinthalmanna, proudly marked its presence at the 57th Calicut University Inter-Collegiate Athletic Meet (2025–26) held in Thrissur. The college athletic squad participated with great enthusiasm, showcasing determination, sportsmanship, and competitive spirit among teams from across the university.

The event served as a platform for the athletes to display their skills and gain valuable exposure in intercollegiate competition. Representing the college with pride, the team stood confidently in front of the official event banner—symbolizing their commitment and readiness to excel in future competitions.

Their participation reflects the growing sports culture of the institution and the encouragement provided by the college to nurture athletic talent.



NATIONAL WEBINAR SERIES CONCLUSION

The Department of Social Work, MSTM Arts and Science College, in collaboration with the KAPS Malappuram Chapter and in association with the National Institute of Mental Health and Neuro Sciences (NIMHANS), successfully concluded an eight-day National Webinar Series on “Social Work Interventions in Child and Adolescent Mental Health”, conducted from 29 November to 27 December 2025.

The national-level webinar series comprised eight expert-led sessions delivered by eminent academicians and mental health practitioners from NIMHANS and other reputed institutions across India.

The programme commenced on 29 November 2025 with an inaugural session by Dr. Kavita V. Jangam, Additional Professor and PSW Consultant, NIMHANS, who provided a comprehensive introduction to Child and Adolescent Mental Health (CAMH).

This was followed by an insightful session by Dr. Priyanka Nambiar, Assistant Professor, CHRIST (Deemed to be University), Bengaluru, focusing on parental alienation and child custody issues.



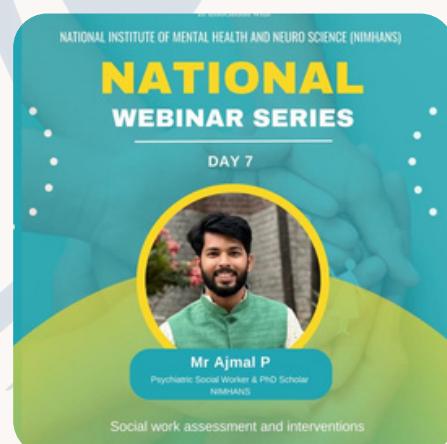


The subsequent sessions further enriched participants' understanding of the field. Ms. Glory Kumari, Psychiatric Social Worker and PhD Scholar, NIMHANS, discussed key developmental stages and common mental health disorders in childhood and adolescence. Mr. Shamil, Psychiatric Social Worker and PhD Scholar, NIMHANS, addressed the critical issue of self-harm and suicide among children, emphasizing multisystemic intervention strategies.

Adding further depth to the series, Ms. Nifi Krishna, Psychiatric Social Worker and PhD Scholar, NIMHANS, delivered a session on the impact of adverse life events during childhood. Dr. Asim Ur Rahman, Assistant Professor, Jindal Institute of Behavioral Sciences, presented on preliminary assessment and rehabilitation counselling for children in conflict with the law. Mr. Ajmal P, Psychiatric Social Worker and PhD Scholar, NIMHANS, elaborated on social work assessments and interventions in child and adolescent mental health.

The webinar series concluded on 27 December 2025 with a session by Mr. Eldhose Sakaria, Psychiatric Social Worker, NIMHANS, who highlighted community-based child and adolescent mental health promotion and the vital role of social workers within school systems.

The programme witnessed active and enthusiastic participation from students, academicians, and mental health professionals from various parts of the country.



NSS CAMP : KOODE

The 7-day National Service Scheme (NSS) camp titled Koode was successfully conducted at GHSS Tuvvur from 26 December 2025 to 1 January 2026 with the enthusiastic participation of NSS volunteers.

The camp aimed to promote community service, social awareness, leadership qualities, and a strong sense of volunteerism through well-structured, full-day activities. The programme was formally inaugurated by the Principal, Dr. Safeer, followed by an engaging ice-breaking session, Meet and Greet, which helped foster camaraderie among the volunteers.

The camp featured a range of meaningful community-oriented initiatives, including the Clean and Green School Mission, the Clean Railway Initiative at Tuvvur Railway Station, and cleaning and gardening activities at the Primary Health Centre (PHC), Tuvvur. Volunteers also actively participated in the Vikjanakeralam Survey conducted at Tuvvur Panchayat, contributing to data collection and social development efforts.





In addition to service activities, the camp organized several awareness and interactive sessions to enrich the volunteers' knowledge and social responsibility. These sessions included Lead to Serve by Ms. Shamna, Law for Everyday Life by Advocate Suhara, Healthy Beginning by Ms. Liji George, and Women Empowerment by Ms. Jaseera V.P. A Nethra Raksha Camp was conducted in association with Al-Salama Eye Hospital, Perinthalmanna, providing eye care services to the community. A special Connect Session was also arranged for junior volunteers to inspire and guide them.

The camp concluded with a valedictory function graced by Mr. Manoj Joseph, Headmaster, GHSS Tuvvur. During the closing ceremony, mementos were distributed to the best volunteers Sruthi and Anfas. Shabas was honoured with the Best Performer Award, while Rishal and Anfal received the Best Media Awards. Overall, the NSS Camp Koode stood out as a meaningful and impactful experience, reinforcing the spirit of service, teamwork, and social commitment among the volunteers.





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